

(Breakthrough, June 1987)

## **PAL RECOMMENDED FOR SCHOOL USE**

The Department of Instructional Resources (DIR) for public schools in Montgomery County, Maryland, has recommended the Progressive Accelerated Learning (PAL) Hemi-Sync® tapes for use in its school system.

The PAL package consists of the Hemi-Sync tapes *Concentration* and *Retain, Recall, Release*. *Concentration* is a non-verbal tape with audio signals designed to help the listener focus upon the task at hand, be it studying, reading or a creative endeavor such as writing, painting, etc.

The Evaluation and Selection committees of DIR reviewed the PAL tapes early this year, and of the two *Retain, Recall, Release* is more structured, with verbal guidance and audio signals designed to help the listener develop mental tools that aid in storing, retrieving, and removing information from the memory ratings - ranging from Highly Recommended to Disapproved - they received the fourth highest rating of Recommended. The PAL tapes were deemed suitable for grade levels 9 through 13 (continuing education) by the evaluators. As a result, the tapes will be listed on the school system's computer data base under approved instructional material.

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